

## **NYEE Department of Anesthesia Preoperative Patient Medication Guidelines**

**All patients scheduled for surgery at NYEE should continue their usual doses of medications on the day of surgery, unless directed otherwise by the surgeon, internist or cardiologist. Please contact The Department of Anesthesia (212-979-4464) if there are any specific concerns regarding medication administration prior to surgery.**

- 1. Anticoagulants/Antiplatelet Agents:** All patients on anticoagulants/antiplatelet agents should continue these medications unless instructed differently by their surgeon or cardiologist. (See stent policy).
- 2. Cardiac Medications:** Patients should continue regular morning blood pressure and cardiac medications on the day of surgery with a sip of water unless instructed differently by their surgeon or cardiologist.
- 3. Diabetic Medications:** Diabetic patients taking insulin should take the normal evening dose before surgery and should not take any insulin or oral diabetic medications on the day of surgery. Specific preoperative diabetic management issues should always be referred to the patient's internist or endocrinologist (i.e. insulin pumps or "brittle diabetics").
- 4. Pulmonary Medications:** All regularly scheduled inhaled medications should be taken on the morning of surgery.
- 5. Psychotropic/Anti-Seizure Medications:** All regularly scheduled medications should be taken on the day of surgery.